

RESPONSES				7891		613		7278						
National				FOP & LAPPL			Los Angeles		LAPPL		All but LA		FOP	
Q1w	How long have you been a police officer?													
	5 years or less	564	7%				12	2%			552	8%		
	6-10 years	905	11%				51	8%			854	12%		
	11-15 years	1,249	16%				85	14%			1,164	16%		
	16-20 years	1,428	18%				99	16%			1,329	18%		
	21-25 years	1,502	19%				203	33%			1,299	18%		
	More than 25 years	2,213	28%				163	27%			2,050	28%		
	Total	7,861	100%				613	100%			7,248	100%		
Q3w	Is any of your immediate family a law enforcement officer?													
	Yes	2,239	28%				192	31%			2,047	28%		
	No	5,632	71%				421	69%			5,211	72%		
	Total	7,871	100%				613	100%			7,258	100%		
Q4w	Have you ever served in the military, either prior to, or during your service as a police officer?													
	Active duty military	1,571	20%				139	23%			1,432	20%		
	National Guard reserves	535	7%				18	3%			517	7%		
	No prior military service	5,763	73%				455	74%			5,308	73%		
	Total	7,869	100%				612	100%			7,257	100%		
Q5w	Have you experienced critical stress on the job?(Critical stress is a strong emotional reaction that overwhelms your usually effective coping skills)													
	Yes	6,187	78%				510	83%			5,677	78%		
	No	1,686	21%				103	17%			1,583	22%		
	Total	7,873	100%				613	100%			7,260	100%		
Q6w	Do you believe your stressful experiences as a police officer caused lingering or unresolved emotional issues?													
	Yes	5,393	68%				465	76%			4,928	68%		
	No	2,466	31%				146	24%			2,320	32%		
	Total	7,859	100%				611	100%			7,248	100%		
Q7w	If Yes, has it led to any of the following: (Please check all that apply)													
	Recurring/unwanted memories of incident(s)	3,423	43%				297	48%			3,126	43%		
	Easily angered or withdrawn	3,491	44%				300	49%			3,191	44%		
	Increased jumpiness or watchfulness	2,795	35%				255	42%			2,540	35%		
	Change in view of job or future	3,306	42%				330	54%			2,976	41%		
	Sleep problems	3,656	46%				328	54%			3,328	46%		
	Substance abuse	835	11%				81	13%			754	10%		
	Family/relationship problems	2,926	37%				247	40%			2,679	37%		
	Thoughts of suicide	934	12%				56	9%			878	12%		
	Total Respondents	5,615	71%				480	78%			135	2%		
Q8w	Do you believe these behavioral health issues are a result of post-traumatic stress?													
	Yes	4,817	61%				405	66%			4,412	61%		
	No	2,413	31%				159	26%			2,254	31%		
	Total	7,230	92%				564	92%			6,666	92%		
Q9w	Do you believe there is a stigma in law enforcement that creates a barrier to seeking help for emotional or behavioral health issues?													
	Yes	7,088	90%				552	90%			6,536	90%		
	No	766	10%				58	9%			708	10%		
	Total	7,854	100%				610	100%			7,244	100%		

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	Yes	2,698	34%	<div><div></div></div>	213	35%	<div><div></div></div>		2,485	34%	<div><div></div></div>	
	No	5,103	65%	<div><div></div></div>	394	64%	<div><div></div></div>		4,709	65%	<div><div></div></div>	
	Total	7,801	99%		607	99%			7,194	99%		
Q20w If Yes, did you find private counseling or therapy helpful?												
	Yes	2,144	27%	<div><div></div></div>	164	27%	<div><div></div></div>		1,980	27%	<div><div></div></div>	
	No	1,162	15%	<div><div></div></div>	91	15%	<div><div></div></div>		1,071	15%	<div><div></div></div>	
	Total	3,306	42%		255	42%			3,051	42%		
Q21w Are there other behavioral health services or resources available to you?												
	Yes	4,476	57%	<div><div></div></div>	391	64%	<div><div></div></div>		4,085	56%	<div><div></div></div>	
	No	2,934	37%	<div><div></div></div>	194	32%	<div><div></div></div>		2,740	38%	<div><div></div></div>	
	Total	7,410	94%		585	95%			6,825	94%		
Q22w If Yes, please indicate which of the following are available to you:												
Suicide/crisis hotline		3,427	43%	<div><div></div></div>	269	44%	<div><div></div></div>		3,158	43%	<div><div></div></div>	
Substance abuse counseling		3,185	40%	<div><div></div></div>	295	48%	<div><div></div></div>		2,890	40%	<div><div></div></div>	
Online resource/support services		3,097	39%	<div><div></div></div>	280	46%	<div><div></div></div>		2,817	39%	<div><div></div></div>	
Total Respondents		4,277	54%		369	60%			908	12%		
Q23w Did you find any of these additional services helpful?												
	Yes	958	12%	<div><div></div></div>	95	15%	<div><div></div></div>		863	12%	<div><div></div></div>	
	No	2,121	27%	<div><div></div></div>	164	27%	<div><div></div></div>		1,957	27%	<div><div></div></div>	
	Total	3,079	39%		259	42%			2,820	39%		
Q24w Do you believe there are adequate behavioral health services available to police officers?												
	Yes	2,713	34%	<div><div></div></div>	334	54%	<div><div></div></div>		2,379	33%	<div><div></div></div>	
	No	5,001	63%	<div><div></div></div>	266	43%	<div><div></div></div>		4,735	65%	<div><div></div></div>	
	Total	7,714	98%		600	98%			7,114	98%		
Q25w Do you believe there is adequate recognition that behavioral health support services for police officers are important or necessary?												
	Yes	2,904	37%	<div><div></div></div>	309	50%	<div><div></div></div>		2,595	36%	<div><div></div></div>	
	No	4,878	62%	<div><div></div></div>	297	48%	<div><div></div></div>		4,581	63%	<div><div></div></div>	
	Total	7,782	99%		606	99%			7,176	99%		
Q26w Did you receive behavioral health awareness education when you went to work as a police officer?												
	Yes	2,554	32%	<div><div></div></div>	343	56%	<div><div></div></div>		2,211	30%	<div><div></div></div>	
	No	5,237	66%	<div><div></div></div>	263	43%	<div><div></div></div>		4,974	68%	<div><div></div></div>	
	Total	7,791	99%		606	99%			7,185	99%		
Q27w Have you ever received training on your police department's behavioral health services?												
	Yes	3,690	47%	<div><div></div></div>	459	75%	<div><div></div></div>		3,231	44%	<div><div></div></div>	
	No	4,104	52%	<div><div></div></div>	145	24%	<div><div></div></div>		3,959	54%	<div><div></div></div>	
	Total	7,794	99%		604	99%			7,190	99%		

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Do you believe greater awareness about behavioral health and post-traumatic stress in law enforcement will lead to improved services to address these issues?																
Q28w	Yes	7,059	89%	<div><div></div></div>			528	86%	<div><div></div></div>			6,531	90%	<div><div></div></div>		
	No	760	10%	<div><div></div></div>			82	13%	<div><div></div></div>			678	9%	<div><div></div></div>		
	Total	7,819	99%				610	100%				7,209	99%			
Do you feel the public is aware of the effect that critical stress has on police officers?																
Q29w	Yes	291	4%				24	4%				267	4%			
	No	7,575	96%	<div><div></div></div>			586	96%	<div><div></div></div>			6,989	96%	<div><div></div></div>		
	Total	7,866	100%				610	100%				7,256	100%			